

marriage video discussion questions

Twelve videos worth watching together — and what to say afterward.

How to use this: Pick two funny ones and one that will wreck you — laugh first, feel second. Phones in the other room. After each video, ask **one** question, not all three. And whoever talks less goes first. That one rule changes the whole night.

01

it's not about the nail

Jason Headley · 1:41 · listening vs. fixing

- When you came to me upset, do you want help or do you want me to listen? How would I know which?
- What is a "nail" I keep pointing at that you already know about?
- Could we agree on a phrase that means "I just need you to listen"?

02

a tale of two brains — the nothing box

Mark Gungor · about 5 min · how we're wired

- Which of us is more "boxes" and which is more "wire"? Does it ever go the other way?
- When I ask what you're thinking about, what are you actually hearing me ask?
- What's one thing I do that makes total sense to me and zero sense to you?

03

things you don't say to your wife

Tim Hawkins · 2:11 · careless words

- Is there a throwaway line I say that lands harder than I think it does?
- What's a sentence you'd love to hear from me more often?
- Is there something I said years ago that you still think about?

04

i'll clean up for you

Tim Hawkins · a few min · love languages

- What's the least romantic thing I could do that would make you feel the most loved?
- Am I giving you love the way *you* receive it, or the way I do?
- What one chore, if it disappeared, would change your whole week?

05

women vs men — start at 3:09

Bruno Bozzetto · peach circle = her, blue square = him

- Which of us was the circle and which was the square? Did we both give the same answer?
- What does the runway to a good night actually look like for you? Be specific.
- What's one small thing I could do earlier in the day that would matter more than anything at 10pm?

06

the mouth guard scene

from the movie *Date Night* · 1 min · romance vs. the routine

- What's our version of the mouth guard — the ordinary thing that quietly ends the evening?
- When did we last get into bed at the same time, awake, without a screen?
- If we protected one night a week from the routine, which night could it realistically be?

the ones that will get you

Have tissues nearby. We're not being cute — have tissues nearby.

07

the mayo clinic piano couple

Mayo Clinic · 1:15 · playfulness

- What did we used to do together that was pure fun, that we stopped doing?
- What is "our bit" — the joke only the two of us understand?
- What's something we could still be doing together at eighty?

08

unsung hero

Thai Life Insurance · 3:04 · invisible work

- What do you do for our family that you think nobody notices?
- Name one invisible thing your spouse does — right now, out loud.
- Where am I keeping score without telling you I'm keeping score?

09

he still treats her like a princess

Marriage Crusaders · 4 min · in sickness and in health

- What do you need me to know about how you'd want to be cared for someday?
- What part of our vows have we actually been tested on so far?
- What would you want me to keep doing even if you could never thank me for it?

10

the story of sarah & juan

Extra Gum · 3:38 · give extra, get extra

- What's the small thing I do that you would actually miss if I stopped?
- What moment from our first year together do you still think about?
- What's one deposit I could make every day this week without you having to ask?

11

what makes a good life?

Robert Waldinger, TED · 12:46 · the 85-year study

- Do you feel like you can count on me when it really matters? Where am I shaky?
- What are we currently prioritizing over this relationship — and is it worth it?
- If our marriage determines how we age, what should change this month?

12

why you will marry the wrong person

The School of Life · 22:20 · compatibility is built

- What are you hard to live with about? Answer for yourself, not for me.
- What did you expect marriage to be that it isn't — good or bad?
- Where have we actually gotten more compatible over time?