



Just For
YOU

You're Invited to a Special Date Night:

SEX
starts in the
MORNING



We both know that things haven't been going as smoothly as they could be, so get ready for a date where we will find ways to help each other so we can be as close as we once were.

Date: _____

Time: _____

Location: _____

(fits inside envelope)

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We both know that things haven't been going as smoothly as they could be, so get ready for a date where we will find ways to help each other so we can be as close as we once were.

Date: _____

Time: _____

Location: _____

IDEAS for HER

How I Need
SUPPORT

- 1
- 2
- 3

How I Feel
HEARD

- 1
- 2
- 3

How My Partner
ENGAGES ME

- 1
- 2
- 3

How I Feel
APPRECIATED

- 1
- 2
- 3

IDEAS for HIM

How I Need
SUPPORT

- 1
- 2
- 3

How I Feel
HEARD

- 1
- 2
- 3

How My Partner
ENGAGES ME

- 1
- 2
- 3

How I Feel
APPRECIATED

- 1
- 2
- 3

SEX starts in the MORNING

CHALLENGE DAY	CHORES DONE BY BOTH SPOUSES	1 ITEM FROM IDEAS LIST PER SPOUSE
1		
2		
3		
4		
5		
6		
7		

CHALLENGE DAY	CHORES DONE BY BOTH SPOUSES	1 ITEM FROM IDEAS LIST PER SPOUSE
8		
9		
10		
11		
12		
13		
14		

CHALLENGE DAY	CHORES DONE BY BOTH SPOUSES	1 ITEM FROM IDEAS LIST PER SPOUSE
15		
16		
17		
18		
19		
20		
21		

